



# EMERGENCY FIRST RESPONSE

Aquatic Adventures Scuba & Swim has been training divers in Southern Colorado area since 2006.....

## What is the Emergency First Response Course?

This course offers a convenient and complete solution to meeting regulatory compliance standards in CPR and First Aid training. The ability to provide Primary Care (CPR) and Secondary Care (First Aid) assistance is a skill that has application in all areas of our lives.

## Who Can Take This Course?

- There is no minimum age requirements for E.F.R. Anyone with the eagerness to learn can participate in the course.

## When & Where Do the Classes Meet?

- The course will be independently scheduled and take place at our location.

## What Will I Be Doing?

- The E.F.R. course focuses on a combination of knowledge development , hands on skill development and realistic scenario practice.
- The Primary Care (CPR) portion of the course teaches participants how to respond to life-threatening emergencies
- The Secondary Care (First Aid) portion covers injuries that are not immediately life-threatening.

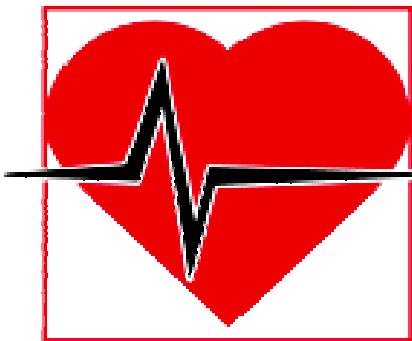


## What other E.F.R Courses are offered?

Aquatic Adventures also offers:

### Emergency First Response-Care for Children

- For any one with or working with children
- ### Emergency First Response- CPR and AED
- No first aid



**EMERGENCY®**  
first response

## How Long Does it Take?

- Three separate 3-4 hour long sessions

## What Will I Need?

- Primary and secondary care participants manual and DVD

**Course Fee: \$80.00**

### Includes:

- Course Manual and DVD
- Classroom skill training
- Use of CPR manikins and AED simulator
- Use of First Aid supplies
- Course Completion Card